

Love Worcester Outdoors

Family Cathedral Half Term Trail

During lockdown we have all been spending lots of time indoors on screens, either for work, school, entertainment or even worship. This trail enables you to get outside, go exploring, learn about Worcester Cathedral and be creative.

Where to go:

You can do this trail anywhere outside! It may be possible to do in your own garden if you have one, but it will work best if you're exploring a wider area, such as a park, a woodland or even the Cathedral grounds!

What you need

Other than a copy of this trail you don't need anything, but to engage fully with all the suggested activities you might want to take the following with you:

- Printout of this trail
- Bag
- Pen and paper
- Take a water bottle with you in case you get thirsty!
- Camera or smartphone
- **Don't forget to take a grown up with you!**

Art Activity

You may also want to get resources for our Art activity while you are out – find out more by watching this video. youtu.be/qqolXqtOqkU or look at our website: www.worcestercathedral.co.uk/learning/love-outdoors

You can do the stops in any order - it depends on what order you find them in!

1. River Severn - Find a river, stream, trickle or even a puddle...

Worcester Cathedral is built on the banks of the River Severn. The river was crucial to the early life of the Cathedral: building stone was brought down the river as were supplies for those who lived there. The river also provided water for washing and cleaning. A river can take you on a journey somewhere – where would you go on a journey? Look at the journey of the Severn – where does it start, where does it go?

Try out our River Severn Quiz:

<https://forms.gle/ioxR8S2BjX8m8bpD8>



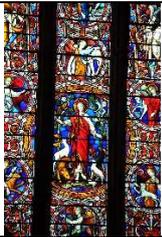
2. Cathedral Construction - Gather some stones and sticks

The Cathedral is built out of mainly stone, wood and glass windows. The stone was dug out of the ground and brought to the Cathedral, originally from the surrounding areas.

Have a look at the different stones you have found. What are they like? Smooth, strong? Do they crumble and break easily? What stones would you use to build a large building? What about the sticks? How does wood help?

What is your home made of? With your group name as many different materials that you can think that have been used to make your home.

3. Stained Glass Windows – *Photograph something bright and colourful*



The Cathedral contains many stained-glass windows that bring light into the building and lots of colour and beauty.

What's the most beautiful thing you can find on your walk?

Discuss with you group what they chose and why? Take a photo and share it with the hashtag **#LoveWorcesterOutdoors**

4. King John's Tomb - *Find a Badge or Logo or a symbol*

What did you find? Why did you choose that one?

This symbol is found on the side of King John's tomb at Worcester Cathedral – it is his symbol. Does it remind you of something else?

What symbols would you choose to represent you?

When you get home you could have a go at designing your own logo or symbol that represents you. Just download



5. Monastic Garth – *Find some new growth*



Find some new growth, a new flower or plant or some trees that are budding and have a smell! Does it smell good and fresh? Take a photo and share with hashtag **#LoveWorcesterOutdoors**

Worcester Cathedral Garth (the outdoors bit in the middle of the Cloisters) was where the monks grew herbs for medicine and cooking when the Cathedral was a monastery. Want to make your own herb garden? We have a handy guide for that: tinyurl.com/2yj55ujj

6. Pilgrimage to a Place of Worship – *find a place of worship*

Have you found a place of worship? Maybe a local church, mosque, synagogue, gurdwara or mandir? A pilgrimage is a journey to a place of worship. Currently most places of worship are closed, and followers are not able to visit them, although most faiths have adapted to online worship, just like school.

Where are you most looking forward to returning too when the pandemic is over? A place of worship? A football stadium? Your school? The cinema? Discuss in your group. Maybe make a plan for where you will go.

7. Hope – *Find a leaf*

There is a lot of sadness and despair with the pandemic, and sometimes it may feel like it never ends and there is no hope of ever returning to normal. Christian's believe in the Hope that one day God will make all things better and restore the world to how it was meant to be when it was created.

What do you Hope in? What do you Hope for?

In August, the Cathedral will have a display of leaves, called Leaves on the Trees, each of which will have the word Hope stamped on it.

Take a photo of a leaf and share it with us along with your message of what you hope for. Don't forget to share it with us. Use the hashtag

#LoveWorcesterOutdoors

